



Amy F. Chorost, Ph.D.

Executive Coach

EXPERTISE

Executive Facilitation
Executive Coaching
Executive Assessment
Team & Group Coaching
Leadership Development

EDUCATION

B.A. Double major in Psychology and
Interpersonal Communication, Honors –
University of Massachusetts at Amherst
Ph.D. Human Ecology – University of Texas
at Austin
Master Certified Coach
Licensed Professional Counselor
Coach Supervisor

Amy is a seasoned executive coach and leadership development consultant with a strong track record of developing and maintaining deep and lasting partnerships with her clients. With a background in the assessment and coaching of executives, Amy facilitates performance improvement and gets results by helping successful people realize their highest potential. She is skilled at partnering with clients to create learning processes that target their unique needs and lead to lasting behavior change and improved business results. Amy works with C-level executives, high potential leaders, and leaders in transition who are motivated to broaden, deepen, or stretch their skills. In a previous role as Senior Consultant at a prestigious international consulting firm, she was recognized as one of its top coaches and held a leadership position in the coaching services practice area.

Being a leader offers an unending stream of challenges. Amy helps her clients gain new skills, insights, and perspectives which enable them to rise to meet their challenges. She also serves as a sounding board and trusted advisor – someone with whom leaders can discuss complex or difficult business issues. She is dedicated to the success of her clients and builds trusting relationships with them. While being fully supportive, Amy does not shy away from delivering important candid feedback. Having witnessed remarkable and transformative changes in many of her clients, Amy believes that most things are possible for leaders who are motivated to grow.

Amy has several years of experience teaching in a university context, has lectured at the Cox Executive Business School at SMU, and has served on the advisory board for the Masters in Industrial and Organizational Psychology program at Argosy University.



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