



# Michael Leytem

## Executive Coach

### EXPERTISE

Executive-Level Coaching

Talent Management

Change Management

Strategic Thinking & Planning

Communication

Mindfulness

### EDUCATION

B.A. Psychology, University of Iowa

M.A. Industrial-Organizational Psychology,  
Minnesota State University

Member, Society of Industrial-  
Organizational Psychology (SIOP)

Author of "Catching Leadership"

Michael has been a leadership coach and talent management consultant since 2010. He has worked with hundreds of Fortune 500 leaders to customize talent strategies, leadership solutions, and coaching to promote personal and professional growth. As a published academic with an M.A. in Industrial-Organizational Psychology, Michael has studied the mental processes and social pressures that influence effective leadership. His life-long passion for leadership, psychology, and mindfulness transcends his work and interactions with others.

Post graduate school, Michael began his career working for scitrain, Ltd. as a full-time employee where he was able to gain valuable experience observing, providing feedback, and coaching leaders at all levels. Michael later joined KPMG's People & Change Practice where he was a Manager of Talent Management. At KPMG, Michael was able to gain a better understanding of the unique drivers and customized solutions that yield the greatest impact on business in the digital age.

More recently, Michael has established his own company and has authored his first book "Catching Leadership" which was released on January 28th, 2020. Combining elements of leadership, psychology, and mindfulness, Michael has developed and trademarked the *C.A.T.C.H. & Release*® Model of Leadership.

As an individual passionate about development, Michael seeks to understand the specific challenges, strengths, and development areas of each professional he coaches, leveraging his own Strength's Finder Profile of: Developer, Empathy, Futuristic, Positivity, and Connectedness.



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